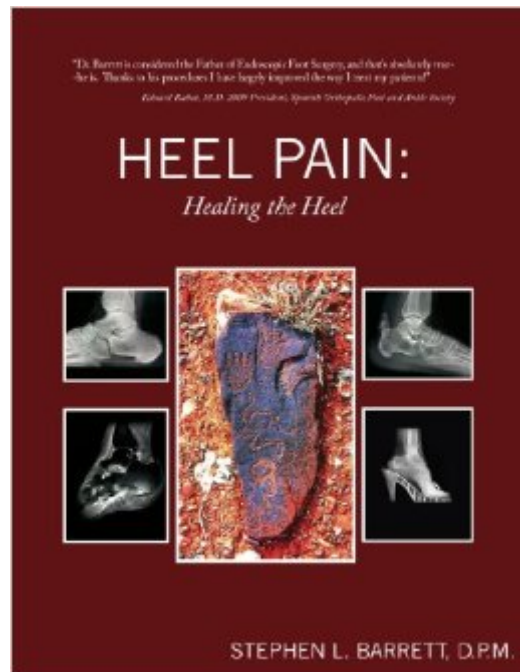


The book was found

# Heel Pain: Healing The Heel



## Synopsis

Written by one of the world's experts in heel pain, Dr. Stephen L. Barrett has shared more than two decades of his clinical, academic, and surgical knowledge for the patients with heel pain in this book. Heel Pain: Healing the Heel, is written in easy to understand language, with color photos and illustrations so that every person with heel pain can empower themselves for optimal treatment whether mild or severe. Dr. Barrett is considered the "Father of Endoscopic Foot Surgery", and has trained more than 5000 surgeons throughout the world in his patented minimally invasive surgical techniques. Since he introduced the EPF technique in 1990, more than 1 million of his procedures have been performed. This book is comprehensive and has chapters dealing with many different causes of heel pain, as well as many types of treatment. The newest technology for the treatment of heel pain is included in this book including the use of growth factors for the treatment of plantar fasciitis (fasciosis). Conservative, non surgical treatments are also well explained in this book. This book also explains the "hope" for those patients who have had previously failed heel surgery.

## Book Information

Paperback: 104 pages

Publisher: AuthorHouse (January 16, 2009)

Language: English

ISBN-10: 1438918011

ISBN-13: 978-1438918013

Product Dimensions: 8.5 x 0.2 x 11 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (3 customer reviews)

Best Sellers Rank: #1,073,355 in Books (See Top 100 in Books) #38 in [Books > Textbooks > Medicine & Health Sciences > Allied Health Services > Podiatry](#) #81 in [Books > Medical Books > Allied Health Professions > Podiatry](#) #114901 in [Books > Health, Fitness & Dieting](#)

## Customer Reviews

Whether you have been misdiagnosed by several Doctors or you just started to experience foot pain, this book by Dr. Barrett is a MUST read for you. The book contains many photo's & illustrations that enable a laymans understanding of what is really causing your pain. On page 80, Dr. Barrett outlines 10 questions you may want to ask your foot specialists. With the knowledge you obtain from the book you will feel confident to interview your prospective Doctor before blankly accepting his treatment plan. After reading the book, I felt that I'd walked back in time 10 years. In 2001, I had

endured over 2 years of cortisone injection by an orthopedic doctor, but I could barely walk. The damage was done, but after multiple surgeries by Dr. Barrett, "quality of life" is once again in my vocabulary. It is gratifying to learn of the expansion of Barrett Foot & Ankle Centers in Arizona & Texas. Over 5,000 doctors have been trained in the "Barrett technique."

THIS IS AN OUTSTANDING WELL WRITTEN BOOK ON "HEEL PROBLEMS" THE BOOK EXPLAINS IN LAYMAN'S TERMS WHAT, WHY AND WHERE IT HURTS. IF YOU HAVE EVER HAD ANY OF THESE MEDICAL PROBLEMS YOU CAN REALLY APPRECIATE SUCH A WONDERFUL SURGEON THAT HAS FOUND THE LEAST INVASIVE WAY TO HELP YOU. ALSO, TO KNOW WE STILL HAVE PEOPLE THAT ARE SO DRIVEN TO FIND NEW WAYS TO CURE OUR Aching FEET PROBLEMS. THE BOOK IS IN GOOD SIZE PRINT, EASY TO FOLLOW AND EXPLAINS THE PROCEDURES IN LANGUAGE THAT CAN BE EASILY UNDERSTOOD. THE AUTHOR OF THIS BOOK IS A VERY CARING INDIVIDUAL, HIGH INTELLECT AND HAS GREAT BED SIDE MANNER, WHICH MATTERS ALOT.

Too graphic! I'm not a doctor and don't care to see quite so much! I expected exercises and text, not a doctor's manual. My foot is better though, since I've been to a sports medicine doctor.

[Download to continue reading...](#)

Heel Pain: Healing the Heel The Mindbody Prescription: Healing the Body, Healing the Pain Healing Scriptures for a Broken Heart: Experience Emotional Healing and Healing the Wounds of the Past Crystal Healing: How crystal healing works, crystal therapy, the human energy field, gemstones, and how to use crystals for healing and increased energy! Healing Scriptures: 300 Healing Bible Verses on the Proven Healing Promises from God's Word Wall & Melzack's Textbook of Pain: Expert Consult - Online and Print, 6e (Wall and Melzack's Textbook of Pain) Bonica's Management of Pain (Fishman, Bonica's Pain Management) Pain Relief: Manage and Eliminate Pain, Accelerate Recovery, and Feel Better You Are Not Your Pain: Using Mindfulness to Relieve Pain, Reduce Stress, and Restore Well-Being---An Eight-Week Program Protect Your Achilles Heel: Crafting Armor for the New Age at Work T is for Tar Heel: A North Carolina Alphabet Head Over Heel: Seduced by Southern Italy Cutout Block Heel Sandal After the Affair: Healing the Pain and Rebuilding Trust When a Partner Has Been Unfaithful, 2nd Edition From Pain to Peace With Endo: Lessons Learned on the Road to Healing Endometriosis Healing Painful Sex: A Woman's Guide to Confronting, Diagnosing, and Treating Sexual Pain Healing Back Pain: The Mind-Body Connection Healing: The Three Great Classics on Divine Healing An Adventure in Healing and Wholeness: The

Healing Ministry of Christ in the Church Today Healing a Parent's Grieving Heart: 100 Practical Ideas After Your Child Dies (Healing a Grieving Heart series)

[Dmca](#)